



**FOREST AND BIRD WELLINGTON REGIONAL TRAMPING GROUP
SUMMER PROGRAMME 2024/25**

NOV	
Wed 6	Mana Island (fully booked), Porirua M 6 hrs Philippa Doig 021 189 8787
	York Bay to Eastbourne Bus Barn, Eastern Hills M/F 5.5 hrs Ian Millard 021 117 3400
Wed 13	Remutaka loop, Wainuiomata M/F 4.5 hrs Ian Goodwin 021 519 461
	Waimapihi Polhill, Wellington M 5-5.5 hrs Gail Kettle & Sharon O'Donnell 027 455 504; 020 4024 3099
	Zealandia, Wellington NW/E 5 hrs Andrew Macbeth 027 292 9888
Wed 20	Working Bee Taupō Swamp (Half work/half walk), Porirua E 4.5 hrs Anne Caton 027 606 6733
	Karori Park to Johnsonville (Karori Park to Waikanae Challenge 1) M/F 5 hrs Judy Hedwig & Kristin Wickens 021 109 4274; 021 0234 6804
Wed 27	Mangaone Walkway - Bus Trip, Kāpiti E/M Bookings required, to be advised in email newsletter
DEC	
Wed 4	Wainuiomata to Lowry Bay M 4 hrs Sally Marx 021 954 380
	Keith George Park Mistletoe trip, Hutt Valley M 4 hrs Robyn Procter 021 0262 3123
Wed 11	Te Ara Utiwai /Rangituhi, Porirua M 4 hrs Gillian Candler 021 375 074
	Whareroa Rocks, Kapiti M 4 hrs Bev Phillips 021 077 9655
Wed 18	Butterfly Creek, Eastbourne, Eastern Hills E 4 hrs Brenda Johnston 478 9008
	Woburn to Days Bay, Hutt Valley M 5 hrs Judy Hedwig & Kristin Wickens 021 109 4274; 021 0234 6804
JAN	
Wed 8	Seton Nossiter/ Newlands Escarpment M 5 hrs Brenda Johnston 478 9008
	Game Farm/Maunganui loop, Maungakotukutuku Kāpiti F 6 hrs Gillian Candler 021 375 074
Wed 15	Deer Pen, Kapiti F 5.5 hrs Philippa Doig 021 189 8787
	Island Bay to Seatoun E/M 4.5 hrs Chris Francis & Anne Caton 021 129 3900; 027 606 6733
	Pukerua Bay-Plimmerton Skyline M 4.5 hrs Patrick McCabe & Lyn Parris 027 760 7601; 027 656 8481
Wed 22	Korokoro/Maungaraki tracks, Hutt Valley E 4.5 hrs Marianne Jenner 027 310 3940
	Kaitawa Rd Track, Eastern Hills M 5.5 hrs Allan Munro 566 4834
	Makara Beach Circuit, Wellington M 4.5 hrs Paul Oliver 021 034 2870
Wed 29	Paraparaumu Stn-Nikau track loop E/M 4 hrs Sally Mathieson 022 088 9819
	Colonial Knob/Rangituhi to Kaukau, North Wellington F 6-7 hrs Gail Kettle 027 455 5041

FEB	
Wed 5	Old Belmont Coach Road Part 1 - from SH58, Hutt Valley E 4 hrs Gary Sims 027 807 7159
	Hills of Wilton, Wellington F 6.5 hrs Ian Millard 021 117 3400
Wed 12	Kaitoke Escape Route, Upper Hutt F 6 hrs Allan Munro 566 4834
	Cannon Point Walkway, Upper Hutt E/M 4 hrs Sally Marx 021 954 380
Wed 19	Old Belmont Coach Road Part 2 - from Normandale E/M 4.5 hrs Gary Sims 027 807 7159
	Tarikaka (Mt Kaukau) to the sea, Wellington M 5 hrs Sue Pullon 027 436 8621
	Old Jan's track to Remutaka ridge, Wainuiomata F 7.5 hrs Marilyn Bramley 021 267 6495
Wed 26	Paekākāriki Escarpment, Kāpiti M/F 4.5 hrs Denise Strickland 027 448 9910
	Lees Grove, Orchid Tramp, Wainuiomata M 4 hrs Gillian Candler 021 375 074
	Southern Walkway, Island Bay to Botanic Gardens, Wellington M 5 hrs Judy Hedwig & Kristin Wickens 021 109 4274; 021 023 46804
MAR	
Wed 5	Hanmer Camp (fully booked) Sally Marx 021 954 380
	Houghton Bay Reserves, Wellington E/M 4.5 hrs Chris Francis 386 3517; 021 129 3900
Wed 12	Miramar Hills Meander, Wellington E/M 4 hrs Vicki Robinson & Chris Norman 027 430 3681
	Hemi Matenga & river, Kapiti M 4 hrs Bev Phillips 021 077 9655
	Remutaka Rd Summit to Kaitoke M/F 5 hrs Kerry Finnigan 027 484 7037
Wed 19	Lees Grove, Orchid Tramp (Repeat), Wainuiomata M 4 hrs Gillian Candler 021 375 074
	Mount Reeves via Coal Creek, Wairarapa F 6 hrs Stuart Hammond 526 7224
	South Coast exploration, Wellington E/M 4 hrs Tricia Glensor & Jane Smiler 021 077 4548; 021 029 37223
Wed 26	Deer Pen, Kapiti (Repeat) F 5.5 hrs Philippa Doig 021 189 8787
	Baring Head, Wainuiomata M 4 hrs Pam Nash & Helen Heffernan 021 169 2304; 027 405 0371
	Spicer Forest to Ohario Road return, Porirua E/M 4-4.5 hrs George Thomson 027 528 1791
APRIL	
Wed 2	Botanic Gardens/Wind Turbine loop, Wellington F 5.5 hrs Ian Millard 021 117 3400
	Kaitoke Loops Nature Walk, Upper Hutt NW/E 3-4 hrs Rita Urry & Jill Goodwin 021 257 0425; 021 211 7720
Wed 9	Mana Island, Porirua Cost \$80 M 6 hrs Philippa Doig 021 189 8787 email philippa.doig3@gmail.com
	Belmont Trig Loop, Hutt Valley M 5.5 hrs Keith White 04 478 9836
Wed 16	Remutaka loop, Wainuiomata M/F 4.5 hrs Ian Goodwin 021 519 461
	Waikanae - Peka Peka Loop, Kapiti E 5 hrs Doug Miller 020 464 5537
	Island Bay to Seatoun E/M 4.5 hrs Chris Francis & Anne Caton 021 129 3900; 027 606 6733
Wed 23	Johnsonville to Porirua (Karori to Waikanae Challenge 2) M/F 5-6 hrs Judy Hedwig & Kristin Wickens 021 109 4274; 021 023 46804
	Eastern Walkway, Oruaiti & Rangitatau Reserves, Wellington E 4 hrs Helen Heffernan & Pam Nash 027 405 0371; 021 169 2304
Wed 30	Hemi Matenga/ Te Au loop, Kāpiti M/F 4 hrs Gillian Candler 021 375 074
	"Grand Old Duke of York", Wellington E/M 4 hrs Jill & Ian Goodwin 021 211 7720; 021 519 461

LEVEL OF DIFFICULTY: E – EASY Approx 4 hours on formed undulating tracks/paths; M – MODERATE Approx 5 hours on good tracks with climbing; F - FIT > 5+ hours, steeper climbing on bush tracks/routes, possibly stream crossings. NW Nature walk - slow, with many stops, and a focus on flora and fauna.